

CCHS 2026-2027 Athletic, Co-Curricular, and Extracurricular Policies and Procedures

List of Co-Curricular & Extracurricular activities offered at CCHS:

Baseball	Basketball (Boys/Girls)	Book Club	CCTA Musical
Card Games	Cooking Club	Cross Country (Boys/Girls)	Downhill Skiing (Boys/Girls)
Dance	Faith in Action Team (FIAT)	Faith in Mind (FIM)	Football
Golf (Boys/Girls)	HOPE Squad	Math League	National Honor Society
Soccer (Boys/Girls)	Softball	Student Council	Student Connectors
Softball	Tennis (Girls)	Topper Power	Track & Field (Boys/Girls)
Trap Shooting (Boys/Girls)	Volleyball (Boys/Girls)	Wrestling (Boys/Girls)	Yearbook

Philosophy

Catholic Central High School sponsors co-curricular activities to provide high school students with additional opportunities for personal growth, self-discipline, skill development, cooperation with others, creativity, and fun. Although it is understood that the main purpose for attending school is to obtain an education, co-curricular programs are also supported as a valuable part of the total educational experience.

Participation in co-curricular activities is a privilege, not a right, and carries with it additional responsibilities. The standards outlined in this code will help to ensure that the involved students serve as a credit to themselves, their families, their school, and the community. ***The code is in effect 12 months per year and applies to all 9-12 athletes, co-curricular participants, managers, & statisticians.***

It is recognized that personal problems can act as a deterrent to the health and well-being of students and their ability to participate in co-curricular activities. The code establishes appropriate standards of conduct for all student participants, provides fair and equitable consequences for code violations, and recommends counseling, where appropriate, for students who are found in violation of the code.

2026-27 Athletic Fees	1 Sport Athlete	2 Sport Athlete	3 Sport Athlete
Fall	\$125	\$225 (\$100 for second sport. Spring total)	No additional cost for a third sport
Winter	\$125	\$225 (\$100 for second sport. Spring total)	No additional cost for a third sport
Spring	\$125	\$225 (\$100 for second sport)	No additional cost for a third sport

Athletic Training and Injury Procedures

The athletic training room is available before practices and contests and after school for injury evaluation, treatment, rehabilitation, and preventative care. Student-athletes are expected to report injuries promptly, follow treatment plans, and use the facility appropriately. Equipment may not be removed without permission from the athletic trainer.

Student-athletes must report all athletic-related injuries to their coach and/or athletic trainer within 48 hours. Injuries discovered after leaving school should be reported as soon as possible the following day.

Athletic trainers may refer student-athletes to a physician when additional medical evaluation is necessary. Any student-athlete who seeks treatment from a physician must provide appropriate medical documentation before returning to participation or receiving further treatment.

In the event of an emergency, parents/guardians will be contacted immediately. If necessary, emergency medical services may be activated at the discretion of the athletic trainer. Communication between athletes, parents, coaches, physicians, and athletic trainers is essential to ensure proper care and safe return to participation.

Eligibility for Co-Curricular Participation

A. All co-curricular participants and a parent/guardian must sign an agreement each year.

1. Signing the ***CCHS Parent and Student Handbook*** is required of all students who want to participate in any of the activities listed above. Signing the ***Parent and Participant Agreement*** indicates that parent and participant have *knowledge and understanding and are in agreement* with the standards set forth to afford the privilege of participation. **Failure to sign the Parent and Participant Agreement will immediately disqualify a student from participating in all co-curricular activities.**
2. The co-curricular Code undergoes regular review. Any changes made to the co-curricular Code will be in effect after School Board approval and the acceptance meetings at the beginning of each new school year. Therefore, students and parents must sign a new ***Parent and Participant Agreement*** each year.
3. During the 2026-2027 school year, a meeting will be held in August to review the co-curricular code. The school expects the student-participant and the parent to attend this meeting. If an adult is unable to attend, a web-based video of the meeting will be available for viewing. **A signed Parent's and Participant's Agreement must be on file prior to the start of practice for any contest or event participation.**

4. Advisors/Coaches have their own set of rules specific to the sport they coach. Any rules established by the coach must be in writing and distributed to every participant. Rules may be acquired anytime from the head coach of the particular sport. Rules and consequences may include but are not limited to those distributed. **Coaches/advisors have authority to administer consequences for violations of any team rules.** Copies of these rules must be filed by the coach/advisor with the Athletic Director, before the season begins. Student cooperation, which conforms to any rules designed by the coach, is required to maintain eligibility in that specific activity. The rules in the sport are to be followed just as the code of conduct is followed. Questions on these rules should be first directed at the coach and secondly, the Athletic Director.
5. Coaches are expected to provide a list of all participants prior to the start of the season, and follow up with an updated roster following the conclusion of tryouts (and/or by the 3rd week of the season.)

Alcohol, Tobacco and Drug Policy

CCHS seeks to provide a drug-free environment for students. Any involvement with tobacco, alcohol, and controlled substances is harmful to a young person's physical, emotional, spiritual, and intellectual development. CCHS students are expected to remain free of tobacco, alcohol, and controlled substances at all times. Violations of this standard will result in parental notification and will put the student at risk of disciplinary action. In addition, students may be required to participate in therapeutic activities ranging from educational seminars to formal professional treatment. Use of substances by a student can simply display a poor choice, or in some cases, a need for intervention and professional assistance.

Classification 1: Alcohol, tobacco, illegal substances and serious misconduct

E-Cigarettes and Vaping: Any use or possession of an electronic cigarette or vaporizer is a violation of this policy. CCHS considers these devices drug paraphernalia and possession of one on campus or at a school activity may result in significant disciplinary consequences.

Alcohol and Other Drug Abuse (AODA): Any use of alcohol, controlled substances, contraband, constitutes an abuse of that substance. Items included but is not limited to: cannabis, marijuana, hemp, THC products and/or their derivatives, speed, cocaine, LSD, psilocybin (mushrooms), club drugs, (MDMA/Ecstasy, Methamphetamine, GHB, Ketamine) and unauthorized prescription drugs such as: OxyContin, Valium, and Ritalin. Reliable information indicating that a student has possessed, used, or distributed these substances should be referred to the administration, who may notify other school administrators, as necessary.

Serious misconduct, including but not limited to, criminal behavior, in or out of school, which brings discredit to the participant, his/her parents, the school, the team or performance group is prohibited.

Posting incriminating photos or statements on social media/online depicting underage drinking, selling, possessing, or using controlled substances, insinuating, or encouraging the use of controlled substances, or any other inappropriate behaviors will be considered a Classification 1 violation.

Procedures

The Principal, Dean of Students, or Athletic Director will investigate all alleged Classification 1 violations and determine whether a violation has occurred. If a violation is confirmed, the appropriate disciplinary consequences outlined in this policy will be imposed. If a student participating in extracurricular activities denies the alleged violation, the matter will be referred to the Principal for review and determination.

Penalties

In cases involving serious misconduct, Catholic Central High School reserves the right to impose disciplinary consequences beyond those outlined below, including the permanent loss of extracurricular participation privileges. Any additional disciplinary measures imposed under this provision are not subject to the appeal process outlined in this policy.

First Violation

The student will serve a period of ineligibility while remaining in good standing with the team or activity. During this disciplinary period, the student is expected to:

- Attend and actively participate in all required practices, meetings, and team activities unless otherwise directed.
- Follow all expectations established by the coach, advisor, or activity supervisor.
- Demonstrate a positive attitude and appropriate conduct throughout the disciplinary period.

The student will be ineligible to participate in contests, competitions, scrimmages, performances, or other scheduled events during the disciplinary period.

The disciplinary period begins immediately upon the determination of a violation.

For activities involving contests, competitions, or performances, the period of ineligibility will equal one-fourth ($\frac{1}{4}$) of the scheduled contests or performances, rounded up to the next whole number.

For activities that do not involve contests or performances, the disciplinary period will equal one-fourth ($\frac{1}{4}$) of that organization's scheduled season or period of activity during the school year, rounded up to the next whole number.

If a disciplinary period extends beyond the conclusion of one activity season, the remaining penalty will carry over and be prorated into the student's next eligible activity season.

A student who does not complete the season or activity in good standing will be required to serve the remaining disciplinary penalty during their next extracurricular activity.

Second Violation

A second Classification 1 violation will result in a period of ineligibility equal to one-half ($\frac{1}{2}$) of the scheduled contests, performances, or events, calculated using the same procedures outlined for a first violation.

For activities involving practices, the student's return to practice during the suspension will be at the discretion of the Principal, Dean of Students, and Athletic Director.

Third Violation

The participant will be ineligible for participation in all extra-curricular activities for the remainder of his/her enrollment at CCHS beginning on the date of the violation.

Offenses accumulate over the duration of the student's enrollment.

Classification 1: Penalty Reduction

Self-Reporting:

For a first Classification 1 violation only, a student may be eligible for a reduced penalty if all of the following conditions are met:

- Law enforcement is not involved.

- The school is not already aware of the violation and would not have reasonably obtained the information through other means.
- The student voluntarily reports the violation to the Principal, Dean of Students, or Athletic Director before the school becomes aware of the incident.

If these conditions are met, the penalty will be reduced to one contest, performance, or event.

If the school already has knowledge of the incident or has begun investigating the matter, the standard disciplinary penalties will apply.

For a first or second Classification 1 violation, a student who immediately admits responsibility when questioned by school administration will receive a 25% reduction in the applicable disciplinary penalty.

This reduction applies only when the student truthfully acknowledges the violation upon initial questioning.

Any subsequent Classification 1 violations will be treated as repeat offenses and will be subject to the standard disciplinary penalties outlined in this policy without reduction.

Classification 2: Social Activities and Misconduct (Rules)

Students may not be in attendance at a social activity where there is illegal consumption of alcohol or the use of controlled substances. (This rule is not meant to eliminate students from participating in family gatherings, weddings, etc. but to control situations where students are at activities with underage drinking or use of controlled substances). If a student attends a social activity with the reasonable belief that there will be neither illegal consumption of alcohol nor use of controlled substances, the student will not be in violation of this rule if, upon learning of such illegal consumption or use, the student leaves the social activity. Students may not be in vehicles or in any situations in which there is illegal consumption/use or known possession of alcohol or controlled substances. Students may not engage in conduct, either in or out of school, that brings discredit to himself/herself, the school, or their team, group or activity. This shall include, but not limited to, actions which result in in-school suspension, or out of school suspension.

Procedures

The Principal/Dean of Students or Athletic Director will rule on any alleged violation and impose appropriate penalties as per this code. A participant in extra-curricular activities who denies the alleged violation will have the matter referred to the school Principal.

Penalties

Any violation of Classification 2 Rules will result in suspension from the next scheduled extra-curricular event (contests, competitive events, scrimmages, and/or performances) in each of the activities the student is a participant.

Continued violation will be ruled on by the Principal/Dean of Students or Athletic Director.

Student-Athletes who knowingly organize, facilitate, promote, or host any gathering, party or social event where alcohol or drugs were used by underage participants will be subject to Classification 1 violation penalties.

Classification 3: Social Media Policy

Students and/or student-athletes at CCHS, are required to follow student handbook guidelines, even though an event may happen off school property and/or outside of school hours. Playing, performing and competing for CCHS is a privilege. Students and student-athletes are held in the highest regard and are seen as role models in the community and have the responsibility to portray the team, the school, and themselves in a positive manner at all times including on social media.

Any student-athlete found in violation, in accordance with the guidelines laid out in the "Negative Behavior" section of the CCHS Parent/Student handbook, will receive the following consequences:

First violation: Violation will result in a minimum of one contest, performance, or event suspension.

Second violation: Further non-compliance with said rules and regulations will result in ¼ season suspension.

Third violation: At any point after the second violation, the actions continue, that athlete will be removed from athletics for one calendar year from the completion of all inquiries about said violation.

Appeal Process

After a ruling of ineligibility resulting in suspension from extra-curricular activities has been made, a participant and/or his/her parent(s)/guardian(s) may formally appeal the decision following the guidelines in the CCHS Parent/Student Handbook.

NOTE: Any person wishing to report a potential violation of this code should contact the Principal/Dean of Students or Athletic Director, giving their name and all pertinent information regarding the alleged violation. They need to be prepared to put the information in writing and provide a screen shot of the incident if requested to do so, which includes the date and time of the alleged incident.

CCHS reserves the right to amend this policy in our judgement to address issues that may arise and changes in our operations or the law.

Other requirements for initial Eligibility in Co-Curricular Activities

1. **Athletic Co-Curricular Activities:** All athletes wishing to participate in/on an athletic team or program must complete and have on file with the Athletic Director the following documents **prior to their first practice:**
 - a. Emergency/WIAA Physical Information Form (Physical/Alternate Year Cards) with updated medical needs
 - b. Signed WIAA Eligibility Form
 - c. Signed WIAA/DPI Concussion/Cardiac Arrest Parent and Athlete Agreements
2. **Prior to Beginning a Co-Curricular activity or starting the next season:** Students who have outstanding school obligations (registration, activity, lost equipment/uniforms, etc.) may not participate in or start until all fees/fines and/or obligations are taken care of, including the subsequent sports registration fee.

Student Eligibility and Name, Image and Likeness (NIL) Policy

To preserve and protect the eligibility of all student-athletes participating in interscholastic activities, CCHS adheres to the guidelines established by the Wisconsin Interscholastic Athletic Association (WIAA) regarding Name, Image, and Likeness (NIL).

STUDENT ELIGIBILITY REQUIREMENTS:

- Students must comply with all academic, attendance, and behavioral standards outlined in this Co-Curricular Code and NIL activities may not interfere with these expectations.
- Participation in school athletics or activities must not be used as a platform for professional, commercial, or promotional purposes unless specifically allowed under NIL policies.

NIL ELIGIBILITY CRITERIA:

Students may receive compensation for the use of their name, image, or likeness (NIL) only under the following conditions:

- The compensation must be directly related to NIL activities and not for athletic performance or achievement.
- NIL agreements must not include use of school logos, school uniforms, or intellectual property belonging to the school or district.

- Students may not miss school or school-sponsored events to fulfill NIL obligations.
- Students must not enter into NIL agreements that conflict with district values, team rules, or state/federal law.
- NIL deals must be disclosed in writing to the school athletic compliance officer within 7 days of signing.

PROHIBITED NIL ACTIVITIES:

Students may not engage in NIL-related activities that:

- Promote alcohol, tobacco, vaping, gambling, adult content, or any other products/services deemed inappropriate for minors.
- Conflict with school team or district sponsorships and contracts.
- Create a disruption to the educational environment or team unity.

OVERSIGHT AND COMPLIANCE: Failure to comply with these guidelines may result in disciplinary action, including suspension from team activities or ineligibility. The district reserves the right to review NIL agreements and seek guidance from legal counsel or the WIAA to ensure student eligibility is maintained and/or revoked.

Dual Sport Participation

Catholic Central High School allows dual sports participation. The following are procedures and expectations for any student athlete wishing to participate in two sports within the same season.

The student athlete:

1. Has permission from coaches of both sports.
2. Has identified a “priority” sport. (i.e. – the sport that will take precedence with regard to practices, contests, etc.) The student-athlete must be present for 100% of the priority sports competitions during the competitive season.
3. Communicates, at least one week in advance (with the approval of coaches), any variations/changes to a practice and/or competition schedule.

Documentation from coaches of both sports and the student athlete needs to be submitted to the Athletic Director prior to the start of either season for final approval.

A student athlete who is dropped from one squad for disciplinary reasons shall be ineligible in another sport for that same season. However, any student who is cut or quits may participate in another sport during the same season with mutual consent of the coaches.

Commitment and Participation Standard

Participation in Catholic Central is a privilege, not a right. Student - athletes are expected to demonstrate full commitment to their team, their coaches, and their school community. This includes but is not limited to consistent attendance at practices, games, meetings, team functions, end of season survey completion and adherence to team expectations.

Failure to meet these standards may result in disciplinary action, including suspension or removal from the team. Decisions regarding removal from a team for lack of commitment will be made at the discretion of the head coach in consultation with the athletic director.

The athletic department reserves the right to determine, on a case-by-case basis, whether a student-athlete's actions or levels of commitment align with the values and standards of the program.

Topper Power

Catholic Central High School believes that strength and conditioning is an essential component of athletic development and an important extension of our commitment to helping students achieve their fullest potential. Through structured training, student-athletes develop strength, speed, power, mobility, discipline, confidence, and resilience while reducing the risk of athletic injury.

As part of this commitment, all student-athletes are expected to participate in Topper Power, Catholic Central's strength and conditioning program offered during the school's enrichment period. Participation in Topper Power is considered a non-negotiable of athletic development and team preparation.

Any student-athlete who is academically eligible and in good standing with regard to behavioral expectations is expected to attend and actively participate in Topper Power sessions as directed by the Athletic Department and coaching staff. Exceptions may be granted by the Athletic Director for medical reasons, academic interventions, or other circumstances approved by School Administration.

By participating in athletics at Catholic Central High School, student-athletes acknowledge the importance of strength and conditioning as a foundational component of their physical development, athletic performance, injury risk reduction, and long-term success both in sport and in life.

Awards:

At Catholic Central High School, for any student to be eligible for recognition, the season must be completed in good standing. This means that the athlete must finish the sports season started unless there are extenuating circumstances. Definition of not "finishing the season in good standing" examples include, but are not limited to, being removed from the team or quitting at any point before, during or after the season, having outstanding code violations, outstanding equipment, or violations of team rules. Also, the athlete cannot have any violation of the following: alcohol, drugs, or tobacco. It is the responsibility of the individual coach to determine what member of their team will letter based on the guidelines set forth in conjunction with the athletic department. It is expected that the coaches will inform their squad before the first contest as to what the requirements will be to earn a letter.

Equipment:

All student-athletes are required to return their issued athletic uniforms, clean and in good condition, to their respective coach or the Athletic Department no later than 15 days following the conclusion of their sport season's final competition. Failure to return the uniform within this initial 15-day period will result in a late fee of \$50 being charged to the student's parent/guardian account. Uniforms not returned 30 days after the season's conclusion will be considered lost, and the full replacement cost of the uniform will be assessed and charged to the parent/guardian account. This policy ensures proper inventory management and timely preparation for subsequent seasons.

For more information, please contact: Athletic Director - Joe Schiessl joeschiessl@cchsnet.org (262)-763-1509